

Pick up a take-out lunch or eat in  
 Monday - Friday 11:30 to 12:30  
 WASI opens @ 8:00 am

# JULY

2021



<b>Soup or Salad Served With All Meals</b> <b>Vegetables Accompany All Meals</b> Substitutions may be made based upon product availability <b>Baked Chicken Breast Available Every Day in Dining Room</b>		<b>Milk &amp; Juice Available Daily</b> <b>Dessert Available Daily</b>		<b>Senior Meal (age 60+) - Suggested Donation \$6.00</b> Donations of every amount are welcome. <b>www.wasillaseniors.com</b> <b>(907) 206-8800</b>	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>Thank You for Supporting Seniors,</b> <b>Carr Foundation</b> <b>United Way of the Mat-Su</b> <b>Mat-Su Health Foundation</b>		30 June	1	2	
		SLOPPY JOES TATER TOTS VEGETABLE SOUP OR SALAD DESSERT	CHICKEN ALFREDO DINNER ROLLS VEGETABLE SOUP OR SALAD DESSERT	BBQ RIBS CORN BBQ BEANS SOUP OR SALAD DESSERT	
5 Closed	6	7	8	9 Happy Birthday, July Babies!	
	<b>TACO TUESDAY!</b> RICE & BEANS SOUP OR SALAD DESSERT	ROAST BEEF MASHED POTATOES & GRAVY VEGETABLE SOUP OR SALAD DESSERT	CHICKEN PARMIGIANA GARLIC BREAD VEGETABLE SOUP OR SALAD DESSERT	BAKED FISH SEASONED RICE VEGETABLE SOUP OR SALAD DESSERT	
12	13	14	15	16	
CHICKEN & DUMPLINGS DINNER ROLLS VEGETABLE SOUP OR SALAD DESSERT	CHEESEBURGER LETTUCE, TOMATO, ONION FRENCH FRIES SOUP OR SALAD DESSERT	SPAGHETTI GARLIC BREAD VEGETABLE SOUP OR SALAD DESSERT	CHICKEN TENDERS POTATO WEDGES VEGETABLE SOUP OR SALAD DESSERT	SALISBURY STEAK BUTTERED PASTA VEGETABLE SOUP OR SALAD DESSERT	
19	20	21	22	23	
KALUA PORK SEASONED RICE VEGETABLE SOUP OR SALAD DESSERT	TUNA SALAD SANDWICH CHIPS & PICKLE SOUP OR SALAD DESSERT	BAKED HAM MAC & CHEESE VEGETABLE SOUP OR SALAD DESSERT	CHICKEN LEGS ROASTED POTATOES VEGETABLE SOUP OR SALAD DESSERT	BBQ PULLED PORK MACARONI SALAD VEGETABLE SOUP OR SALAD DESSERT	
26	27	29	30	31	
CABBAGE ROLLS MASHED POTATOES & GRAVY VEGETABLE SOUP OR SALAD DESSERT	CHICKEN SALAD SANDWICH CHIPS & PICKLE SOUP OR SALAD DESSERT	SLOPPY JOES SWEET POTATO FRIES VEGETABLE SOUP OR SALAD DESSERT	CHICKEN WINGS POTATO WEDGES VEGETABLE SOUP OR SALAD DESSERT	SEAFOOD PLATTER HERBED RICE VEGETABLE SOUP OR SALAD DESSERT	