

Join us for lunch in our Dining Room
Monday - Friday 11:30 to 12:30

January

2020



Soup and Salad Served With All Meals

Vegetables Accompany All Meals

Baked Chicken Breast Available Daily Substitutions May Be Made as Needed

Milk & Juice Available Daily

Dessert Available Daily

Senior Meal (age 60+) - Suggested Donation \$6.00

Donations of every amount are welcome.

www.wasillaseniors.com
(907)376-3104

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Thank You, Lunch Sponsors!</p> <p>Jan 8: State Representative, Colleen Sullivan – Leonard</p> <p>Jan 15: Jamie Bagley, in Memory of Her Dad, Jim Vrooman</p> <p>Jan 17: Boilerman Plumbing & Heating</p>		1 WASI CLOSED	2	3
		<p>HAPPY NEW YEAR</p>	<p>BEEF TIPS RICE & GRAVY VEGETABLE SOUP & SALAD DESSERT</p>	<p>FISH FILET SANDWICH POTATOES AU GRATIN VEGETABLE SOUP & SALAD DESSERT</p>
			8 Rep Sullivan–Leonard	9
6	7	8	9	10
<p>STUFFED BELL PEPPERS MASHED POTATOES VEGETABLE SOUP & SALAD DESSERT</p>	<p>TURKEY & CHEESE SANDWICH CHIPS & PICKLE FRESH FRUIT SOUP & SALAD DESSERT</p>	<p>VEGETABLE LASAGNA GARLIC BREAD SOUP & SALAD DESSERT</p>	<p>CHICKEN PARMIGIANA PASTA VEGETABLE SOUP & SALAD DESSERT</p>	<p>SEAFOOD ALFREDO PASTA VEGETABLE SOUP & SALAD DESSERT</p>
13	14	15	16	17
<p>CHICKEN BREAST SANDWICH SWEET POTATO FRIES SOUP & SALAD DESSERT</p>	<p>TACO TUESDAY! RICE & BEANS SOUP & SALAD DESSERT</p>	<p>BBQ RIBS BAKED BEANS POTATO SALAD SOUP & SALAD DESSERT</p>	<p>CHICKEN SALAD SANDWICH CHIPS & PICKLE SOUP & SALAD DESSERT</p>	<p>SEAFOOD PLATTER ROASTED POTATOES VEGETABLE SOUP & SALAD DESSERT</p>
20	21	22	23	24
<p>MARTIN LUTHER KING JR. DAY</p>	<p>CHICKEN CAESAR SALAD DINNER ROLLS FRESH FRUIT DESSERT</p>	<p>SHEPHERD'S PIE DINNER ROLLS VEGETABLE SOUP & SALAD DESSERT</p>	<p>GRILLED CHEESE TOMATO SOUP VEGETABLE SALAD DESSERT</p>	<p>LIVER & ONIONS / PIZZA MASHED POTATOES & GRAVY VEGETABLE SOUP & SALAD DESSERT</p>
27	28	29	20	31
<p>CHICKEN LEGS RICE PILAF VEGETABLE SOUP & SALAD DESSERT</p>	<p>BAKED POTATO BAR TOPPINGS VEGETABLE SOUP & SALAD DESSERT</p>	<p>CHEESE RAVIOLI GARLIC BREAD VEGETABLE SOUP & SALAD DESSERT</p>	<p>KIELBASA & POTATOES DINNER ROLLS MIXED VEGETABLES SOUP & SALAD DESSERT</p>	<p>BEEF LO MEIN STEAMED RICE SOUP & SALAD DESSERT</p>