

Join us for lunch in our Dining Room  
Monday - Friday 11:30 to 12:30

# September

2019



<b>Soup and Salad Served With All Meals</b> <b>Vegetables Accompany All Meals</b> Substitutions may be made based upon product availability			<b>Milk &amp; Juice Available Daily</b> <b>Dessert Available Daily</b>		<b>Senior Meal (age 60+) - Suggested Donation \$6.00</b> Donations of every amount are welcome. <b>www.wasillaseniors.com</b> <b>(907)376-3104</b>	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
2 WASI CLOSED	3	4	5	6		
	EGG SALAD SANDWICH LETTUCE, TOMATO, ONION CHIPS & PICKLE SOUP & SALAD DESSERT	SPAGHETTI & MEATBALLS GARLIC BREAD VEGETABLE SOUP & SALAD DESSERT	COUNTRY FRIED CHICKEN RICE & GRAVY VEGETABLE SOUP & SALAD DESSERT	BAKED FISH / CHICKEN PATTY POTATOES AU GRATIN VEGETABLE SOUP & SALAD DESSERT		
9	10	11	12	13		
SALISBURY STEAK MASHED POTATOES GREEN BEANS SOUP & SALAD DESSERT	CHEF SALAD FRESH FRUIT DINNER ROLL SOUP DESSERT	SAUSAGE W/ PEPPERS & ONION VEGETABLE SOUP & SALAD DESSERT	SWISS STEAK PEAS & CARROTS DINNER ROLLS SOUP & SALAD DESSERT	ORANGE CHICKEN FRIED RICE STIR FRY VEGETABLES SOUP & SALAD DESSERT		
16 Thank You Co-Sponsors!	17	18	19	20 Mat Su Valley Frontiersman		
STUFFED BELL PEPPER ROASTED POTATOES VEGETABLE SOUP & SALAD DESSERT	TACO SALAD RICE & BEANS SOUP & SALAD DESSERT	MEATLOAF MASHED POTATOES & GRAVY VEGETABLE SOUP & SALAD DESSERT	PORK LO MEIN WHITE RICE SOUP & SALAD VEGETABLE	FISH / CHICKEN SANDWICH WAFFLE FRIES SOUP & SALAD DESSERT		
23	24	25	26	27		
BAKED POTATO BAR MIXED TOPPINGS VEGETABLE SOUP & SALAD DESSERT	CHEESEBURGER LETTUCE, TOMATO, ONION, PICKLE JO JO POTATOES SOUP & SALAD DESSERT	CHICKEN LEGS HERB PASTA VEGETABLE SOUP & SALAD DESSERT	CABBAGE ROLLS MASHED POTATOES FRESH FRUIT SOUP & SALAD DESSERT	LIVER & ONIONS / PIZZA MASHED POTATOES VEGETABLE SOUP & SALAD DESSERT		
30	Oct 1	<i>Thank You, Lunch Sponsors...</i> Sep 16: Co-Sponsors: Shamrock Septic & Cornerstone Credit Services Sep 20: Mat Su Valley Frontiersman				
OPEN-FACED ROAST BEEF MASHED POTATOES VEGETABLE SOUP & SALAD DESSERT	BBQ PORK SANDWICH CHIPS & PICKLE SOUP & SALAD DESSERT					