








Wasilla Area Seniors, Inc.
 1301 South Century Circle
 Wasilla, Alaska 99654
 907-376-3104

APRIL 2019

OPEN
 Monday thru Friday
 8 am - 4 pm
 Closed on Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Closed	1	2	3	4	5	6
11:30 Christian Church Service 2:00 Valley Fellowship Service	9:30 AARP Tax Aide	3-4 Senior Ed "Gardening Fun" 5:30-7 Weight Watchers 6:30 Lions Club	10-11 Bible Study 1-3 BINGO! 1-3 Art Group 6-7 Men's Bible Study	12:30 Valley Transit to Carrs 1:00 Chess Club	9:30-11 Weight Watchers 	8-9:30 Weight Watchers Club 50 open until 4pm
7 Closed	8	9	10	11	12	13
11:30 Christian Church Service 2:00 Valley Fellowship Service	9:30 AARP Tax Aide	3-4 Senior Ed "Gardening Fun" 5:30-7 Weight Watchers	10-11 Bible Study 1-3 BINGO! 1-3 Art Group 6-7 Men's Bible Study 12:30 Living Well w/Vision Loss	9:30 Estate Planning 12:30 Valley Transit to Fred Meyer 1:00 Chess Club 	9:30-11 Weight Watchers 11:15 Birthday Celebration 1-2 Senior Food Box Distribution Peter Cottontail Day! (Bunny Ears)	8-9:30 Weight Watchers Club 50 open until 4pm
14 Closed	15	16	17	18	19	20
11:30 Christian Church Service 2:00 Valley Fellowship Service	9:30 AARP Tax Aide  Tax Filing Deadline!	12:45 WASI Membership Meeting 1-2:30 Memory Café 3-4 Senior Ed "Gardening Fun" 5:30-7 Weight Watchers 6:30 Lions Club	10-11 Bible Study 1-3 BINGO! 1-3 Art Group 6-7 Men's Bible Study	9:30 Board Mtg. 12:30 Valley Transit to Walmart 1:00 Chess Club	9:30-11 Weight Watchers 1-2 Senior Food Box Distribution	8-9:30 Weight Watchers 8am-12pm CCS Early Learning "Breakfast w/ the Easter Bunny" Club 50 open until 4pm

Please visit us on the web: www.wasillaseniors.com & Like Us on Facebook!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Closed 11:30 Christian Church Service 2:00 Valley Fellowship Service 	22  2019 Earth Day's Theme: "Quality Air, Quality Life" Make every day matter!	23 5:30-7 Weight Watchers 3-4 Senior Ed Book Club - "I Read what I want to read"	24 10-11 Bible Study 1-3  BINGO! 1-3 Art Group 6-7 Men's Bible Study	25 10-3 Quilts of Valor 12:30 Valley Transit to Shopper's Choice 1:00 Chess Club	26 9:30-11 Weight Watchers	27 8-9:30 Weight Watchers Club 50 open until 4pm
28 Closed 11:30 Christian Church Service 2:00 Valley Fellowship Service	29	30 5:30-7 Weight Watchers 2-4 Senior Ed Acrylic Painting Class	1-May 10-11 Bible Study 1-3  BINGO! 1-3 Art Group 6-7 Men's Bible Study	2-May 12:30 Valley Transit to Shopper's Choice 1:00 Chess Club	3-May 9:30-11 Weight Watchers	4-May 8-9:30 Weight Watchers Club 50 open until 4pm

April Riddle:

A cowboy rode into town on Friday.
He stayed for three days and rode back out on Friday.
How is that possible?

Answer: His horses name was "Friday"



Club 50 Fitness Center & Healthy Aging Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Mon-Sat 8 am to 4 pm Closed Sunday	8:30 Strong Seniors 10 am Strong Seniors 11:15 No NIA in April 1 pm Beginning Tai Chi for Health 2:30 Yoga* * Gym and showers are closed during Yoga.	10 am Go4Life 10 am Zumba 11:15 First Timer's Tai Chi 12:30 Strong Seniors 1:30 Let's Walk DVD 5 pm No NIA in April	8:30 Strong Seniors 10 am Strong Seniors 11 Let's Walk DVD 1 pm Beginning Tai Chi for Health	10 am Go4Life 11:15 First Timer's Tai Chi 12:30 Strong Seniors 1:30 Let's Walk DVD 5 pm No NIA in April	8:30 Strong Seniors 10 am Strong Seniors 11 Let's Walk DVD	9:30 am Morning Stretch Club 50 is open 8 am to 4 pm on Saturdays