

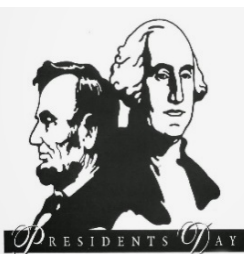

Wasilla Area Seniors, Inc.
 1301 South Century Circle
 Wasilla, Alaska 99654
 907-376-3104

February 2019

OPEN
 Monday thru Friday
 8 am - 4 pm
 Closed on Holidays

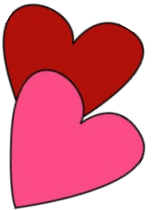
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 Closed	28	29	30	31	1	2
11:30 Christian Church Service 2:00 Valley Fellowship Service		5:30-7 Weight Watchers	10-11 Bible Study 1-3  1-3 Art Group 6-7 Men's Bible Study	12:30 Valley Bus to Shopper's Choice 1:00 Chess Club	9:30-11 Weight Watchers 	8-9:30 Weight Watchers Club 50 open until 4pm
3 Closed	4	5	6	7	8	9
11:30 Christian Church Service 2:00 Valley Fellowship Service	9:30 AARP Tax Aide <i>It's not how much we GIVE but how much LOVE we put into giving</i>	9:30 Estate Planning 5:30-7 Weight Watchers 6:30 Lions Club	10-11 Bible Study 1-3  1-3 Art Group 6-7 Men's Bible Study	12:00 Miracle Ear 12:30 Valley Bus to Carrs 1:00 Chess Club	9:30-11 Weight Watchers 11:15 Birthday Celebration 1-2 Senior Food Box Distribution	8-9:30 Weight Watchers Club 50 open until 4pm
10 Closed	11	12	13	14 Valentine's Day	15	16
11:30 Christian Church Service 2:00 Valley Fellowship Service	9:30 AARP Tax Aide 12-12:30 American Lung Assoc.	1-2:30 Memory Café 3-4 Senior Ed 5:30-7 Weight Watchers	10-11 Bible Study 1-3  1-3 Art Group 6-7 Men's Bible Study 12:30 Living Well w/Vision Loss	12:30 Valley Bus to Fred Meyer 1:00 Chess Club <i>Today is Red/Pink Day!</i> 	9:30-11 Weight Watchers 1-2 Senior Food Box Distribution	8-9:30 Weight Watchers Club 50 open until 4pm

Please visit us on the web: www.wasillaseniors.com & Like Us on Facebook!

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17 Closed 11:30 Christian Church Service 2:00 Valley Fellowship Service	18 Closed 	19 3-4 Senior Ed 5:30-7 Weight Watchers 6:30 Lions Club	20 10-11 Bible Study 1-3 BINGO 1-3 Art Group 6-7 Men's Bible Study	21 9:30 Board Mtg. 12:30 Better Breathers 12:30 Valley Bus to Walmart 1:00 Chess Club	22 9:30-11 Weight Watchers 	23 8-9:30 Weight Watchers Club 50 open until 4pm
24 Closed 11:30 Christian Church Service 2:00 Valley Fellowship Service	25 9:30 AARP Tax Aide	26 3-4 Senior Ed 5:30-7 Weight Watchers	27 10-11 Bible Study 1-3 BINGO 1-3 Art Group 6-7 Men's Bible Study	28 10-3 Quilts of Valor 12:30 Valley Bus to Shopper's Choice 1:00 Chess Club	1 9:30-11 Weight Watchers	2 8-9:30 Weight Watchers Club 50 open until 4pm



Club 50 Fitness Center & Healthy Aging Classes



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Mon-Sat 8 am to 4 pm Closed Sunday	8:30 Strong Seniors 10 am Strong Seniors 11:15 NIA 52 Moves 1 pm Beginning Tai Chi for Diabetes 2:30 Yoga * Gym and showers are closed during Yoga.	10 am Zumba 11:15 First Timer's Tai Chi 12:30 Strong Seniors 1:30 Let's Walk DVD 5 pm NIA (\$10)	8:30 Strong Seniors 10 am Strong Seniors 11 Let's Walk DVD 1 pm Beginning Tai Chi for Diabetes	11:15 First Timer's Tai Chi 12:30 Strong Seniors 1:30 Let's Walk DVD 5 pm NIA (\$10)	8:30 Strong Seniors 10 am Strong Seniors 11 Let's Walk DVD	9:30 am Morning Stretch Club 50 is open 8 am to 4 pm on Saturdays