



Wasilla Area Seniors, Inc.
 1301 South Century Circle
 Wasilla, Alaska 99654
 907-376-3104




NOVEMBER 2018



OPEN
 Monday thru Friday
 8 am - 4 pm
 Closed on Holidays

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 closed
				11:45 Miracle Ear 12:30 Valley Transit Bus to Carrs 1pm Chess Club	9:30-11 Weight Watchers	8 - 9:30 Weight Watchers Club 50 open until 4 pm
4 closed	5	6	7	8	9	10 closed
11:30 Christian Church Service 2:00 Valley Fellowship Service	12:30-2:30 Nifty Nails	7am-8pm Election Day 5:30 - 7 Weight Watchers 6:30 Lions Club	10 - 11 Bible Study 1 - 3 BINGO 1 - 3 Art Group 6-7 Men's Bible Study	9:30-11:30 Estate Planning 101 12:30 Valley Transit Bus to Fred Meyer 1pm Chess Club	9:30-11 Weight Watchers 11:15 Birthday Celebration 1 - 2 Senior Food Box Distribution	8 - 9:30 Weight Watchers Club 50 open until 4 pm
11 closed	12	13	14	15	16	17 closed
11:30 Christian Church Service 2:00 Valley Fellowship Service	11:15 Veterans Day Luncheon & Ceremony with Quilts of Valor!	5:30 - 7 Weight Watchers	10 - 11 Bible Study 12:30-2 Living Well with Vision Loss 1 - 3 BINGO 1 - 3 Art Group 6-7 Men's Bible Study	9:30 WASI Board Meeting 12:30 Valley Transit Bus to Walmart 1pm Chess Club	9:30 - 11 Weight Watchers 1 - 2 Senior Food Box Distribution	8 - 9:30 Weight Watchers Club 50 open until 4 pm

Please visit us on the web: www.wasillaseniors.com & Like Us on Facebook!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 closed	19	20	21	22 Happy	23 Thanksgiving	24 closed
11:30 Christian Church Service 2:00 Valley Fellowship Service	12:30-2:30 Nifty Nails 10-2 Links ADRC: On-Site Medicare Open Enrollment Assistance	1-2:30 Memory Cafe 5:30 - 7 Weight Watchers 6:30 Lions Club	10 - 11 Bible Study 1 - 3 Art Group 6-7 Men's Bible Study			8 - 9:30 Weight Watchers Club 50 open until 4 pm
25 closed	26	27	28	29	30	Dec 1 closed
11:30 Christian Church Service 2:00 Valley Fellowship Service		5:30 - 7 Weight Watchers	10 - 11 Bible Study 1 - 3  1 - 3 Art Group 6-7 Men's Bible Study	12:30 Valley Bus to Shoppers' Choice 1pm Chess Club 10-3 Quilts of Valor	9:30-11 Weight Watchers	8 - 9:30 Weight Watchers Club 50 open until 4 pm

Club 50 Fitness Center & Healthy Aging Classes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed on Sundays	8:30 Strong Seniors 10 Strong Seniors 11:15 NIA 52 Moves 1 Beginning Tai Chi 2:30 Yoga (Closed 2:30 to 3:30 Mondays only for Yoga)	10 Zumba 12:30 Strong Seniors 5pm NIA (\$10)	8:30 Strong Seniors 10 Strong Seniors 11 Let's Walk DVD 1 Beginning Tai Chi	8:30am Taoist Yoga (6 week session beginning Oct. 11) 10 Let's Walk DVD 12:30 Strong Seniors 5pm NIA (\$10)	8:30 Strong Seniors 10 Strong Seniors 11 Let's Walk DVD	9:30 Bare Your Sole Club 50 is open 8 am to 4 pm Monday - Saturday