


Join us for lunch in our Dining Room
Monday - Friday 11:30 to 12:30

OCTOBER

2018



| Soup and Salad Served With All Meals Vegetables Accompany All Meals Substitutions may be made based upon product availability | | | Milk & Juice Available Daily Dessert Available Daily | | Senior Meal (age 60+) - Suggested Donation \$6.00 Donations of every amount are welcome. www.wasillaseniors.com (907)376-3104 |
|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
| 1 | 2 | 3 Lunch Sponsor | 4 | 5 Lunch Sponsor | |
| SWEDISH MEATBALLS EGG NOODLES & GRAVY PEAS & CARROTS SOUP & SALAD DESSERT | TUNA SALAD SANDWICH CHIPS & PICKLE SOUP & SALAD DESSERT | BBQ PORK RIBS CORN, POTATO SALAD SOUP & SALAD ICE CREAM | CHICKEN TENDERS HERBED RICE COOKED VEGGIES SOUP & SALAD DESSERT | BAKED FISH, VEGGIES, POTATOES SOUP, & SALAD DESSERT | |
| 8 CLOSED | 9 | 10 Lunch Sponsor | 11 | 12 | |
|  Columbus Day | EGG SALAD SANDWICHES CHIPS & PICKLE SOUP & SALAD DESSERT | CHICKEN CHIMIGANGA MEXICAN RICE REFRIED BEANS SOUP & SALAD DESSERT | SLOPPY JOES TATER TOTS MIXED VEGGIES SOUP & SALAD DESSERT | SEAFOOD PLATTER CURLY FRIES BUTTERED CORN SOUP & SALAD DESSERT | |
| 15 Lunch Sponsor | 16 | 17 | 18 | 19 Lunch Sponsor | |
| CHICKEN ALFREDO W/ FETTUCINE STEAMED BROCCOLI SOUP & SALAD DESSERT | POT ROAST ROASTED POTATOES & CARROTS MIXED VEGGIES SOUP & SALAD DESSERT | SPAGETTI LIMA BEANS GARLIC BREAD SOUP & SALAD DESSERT | OVEN FRIED CHICKEN RICE & GRAVY STEAMED CARROTS SOUP & SALAD DESSERT | BAKED FISH, VEGGIES, POTATOES SOUP & SALAD DESSERT | |
| 22 | 23 | 24 | 25 Lunch Sponsor | 26 | |
| CHEESEBURGERS JOJOS SOUP & SALAD DESSERT | PHILLY STEAK SANDWICHES ONIONS, PEPPERS CHIPS & PICKLE SOUP & SALAD DESSERT | MEATLOAF MASHED POTATOES & GRAVY PEAS & CARROTS SOUP & SALAD DESSERT | SOUTHWEST WRAPS CHIPS & PICKLE SOUP & SALAD DESSERT | ORANGE CHICKEN CHICKEN FRIED RICE SOUP & SALAD DESSERT | |
| 29 | 30 | 31 Halloween | Thank You, Lunch Sponsors ! | | |
| SALISBURY STEAK MASHED POTATOES & GRAVY GREEN BEANS SOUP & SALAD DESSERT | HAM & TURKEY SANDWICHES CHIPS & PICKLE SOUP & SALAD DESSERT | CHEF'S CHOICE SOUP & SALAD DESSERT | Oct 3: Danielle Chapman, Oct 5: Carol Imlach, Oct 10: Marjorie Campbell, Oct 15: Mat Valley Federal Credit Union & Law Offices of Davis, Wright Tremaine, LLC. Oct 19: Cornerstone Credit Services, LLC. & Service Master of the Valley, Oct 25: MEA Coop. | | |