




Join us for lunch in our Dining Room
 Monday - Saturday 11:30 to 12:30
 *Saturday menu in Dining Room only.



October 2017



Soup or Salad Served With All Meals Vegetables Accompany All Meals Substitution(s) May Be Made Based Upon Product Availability			Milk & Juice Available Daily Dessert Available Daily			Senior Meal (age 60+) - Suggested Donation \$6.00 There is no obligation to donate. www.wasillaseniors.com (907)376-3104		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY*			
2 Jerry & Suzi Edwards	3	4	5 Carol Imlach	6	7			
SPAGHETTI LIMA BEANS SOUP OR SALAD GARLIC BREAD COOKIES	TACO TUESDAY with CORN BEANS POPSICLE 	KALUA PORK RICE COOKED CARROTS SOUP OR SALAD PUDDING	OVEN FRIED CHICKEN MASHED POTATOES & GRAVY GREEN BEANS JELL-O	PIZZA OR SANDWICH COLD SALAD BAR ASSORTED DESSERTS	CHICKEN SALAD ROLLS FRESH VEGGIES FRESH FRUIT COOKIES			
9 WASI Closed	10	11	12	13	14			
 Columbus Day	POTATO BAR & FIXINGS SIDE SALAD COOKIES 	SLOPPY JOES ENGLISH PEAS TATER PUFFS SOUP OR SALAD JELL-O	CHICKEN, BROCCOLI, & BROWN RICE CASSEROLE BREAD & BUTTER FRUIT COCKTAIL	TACO SALAD & FIXINGS MEXICAN SOUP VANILLA PUDDING WITH BANANAS AND WAFERS	CHEF'S CHOICE			
16	17	18	19	20	21			
SOUTHWEST CHICKEN WRAPS SOUP & SALAD PUDDING	SALAD BAR CORN COWDER YOGURT PARFAIT GRANOLA	BAKED ZITI BREAD & BUTTER CAESAR SALAD COOKIES	SALISBURY STEAK POTATOES GRAVY SOUP OR SALAD JELL-O	BAKED FISH or TURKEYSANDWICH BROWN RICE OR CHIPS VEGGIES PEACHES	CHICKEN FAJITAS MEXICAN RICE SOUR CREAM & SALSA SOUP OR SALAD PUDDING			
23	24	25	26	27	28 Evelyn Harden			
FRANKFURTER W/ BUN BBQ BAKED BEANS POTATO SALAD ICE CREAM	BREAKFAST BURRITOS POTATOES FRUIT 	KIELBASA POTATO COOKED SPINACH SOUP OR SALAD PINEAPPLE TIDBITS	TUNA MACARONI SALAD- GREEN PEA SALAD CARROT SLAW WHEAT CRACKERS FRUIT	OVEN ROASTED TURKEY MASHED POTATOES & GRAVY COOKED CARROTS COOKIES	BBQ PORK SANDWICH COLE SLAW TATER PUFFS POPSICLE			
30	31 Connie Aschenbrenner	We Thank Our Generous Lunch Sponsors: Oct 2: Jerry & Suzanne Edwards, In memory of their nephew, Army Veteran Gordon Mahar Oct 5: Carol Imlach, In celebration of her Birthday! Oct 28: Evelyn Harden, In celebration of Halloween! Oct 31: Law Office of Connie Aschenbrenner, offering free estate planning workshops at WASI						
BREADED CHICKEN PATTY ENGLISH PEAS SOUP OR SALAD YOGURT PARFAIT	Happy Halloween CHEF'S CHOICE 