



Wasilla Area Seniors, Inc.
 1301 South Century Circle
 Wasilla, Alaska 99654
 907-376-3104



OPEN
MONDAY thru SATURDAY
 8:00 am - 4:00pm
CLOSED on HOLIDAYS

2017 (Offices are closed on Saturdays)

We can't list everything here! Please visit our website for more: www.wasillaseniors.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
11:30 Non-Denominational Church Service		7AM-8PM Election 11-3 AK Hearing 5:30 - 7 Weight Watchers 6:30 Lions Club	10 - 11 Bible Study 10-1 Safeway Flu Clinic 12 - 1 Rotary 1 - 3 	12:30 MASCOT Bus to Carrs 1:00 Chess club	9:30 Weight Watchers 10 - 11 Blood Pressure & Glucose Check	8 - 9:30 Weight Watchers
8	9 HOLIDAY	10	11	12	13	14
11:30 Non-Denominational Church Service	CLOSED 	5:30 - 7 Weight Watchers	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	12:30 MASCOT Bus to FredMeyer 1pm Chess Club 12:30-2 Living well with vision loss	9:30 Weight Watchers 10 - 11 Blood Pressure & Glucose Check 11:15 Birthday Celebration 1 - 2 Senior Food Box Distribution	8 - 9:30 Weight Watchers 4-9 Lions club spaghetti feed
15	16	17	18	19	20	21
11:30 Non-Denominational Church Service		12:30 WASI Annual meeting 1-2:30 Memory Cafe 5:30 - 7 Weight Watchers 6:30 Lions Club	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	9:30 WASI Board Meeting 12:30 MASCOT Bus to Walmart 12:30 Better Breathers 1pm Chess Club	9:30 - 11 Weight Watchers 10 - 11 Blood Pressure & Glucose Check 1 - 2 Senior Food Box Distribution	8 - 9:30 Weight Watchers

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22	23	24	25	26	27	28
11:30 Non-Denominational Church Service		5:30 - 7 Weight Watchers	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	12:30 MASCOT Bus to Shoppers' Choice 10-3 Quilts of Valor 1pm Chess Club	9:30 Weight Watchers 10 - 11 Blood Pressure & Glucose Check	8 - 9:30 Weight Watchers
29	30	31	November 1	November 2	November 3	November 4
11:30 Non-Denominational Church Service		9:30 Estate Planning 5:30 - 7 Weight Watchers	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	12:30 MASCOT Bus to Carrs 1:00 Chess club	9:30 Weight Watchers 10 - 11 Blood Pressure & Glucose Check	8 - 9:30 Weight Watchers 10-5 WASI Holiday Craft Fair

Club 50 Fitness Center and HPDP Classes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed on Sundays	8:30am Strong Seniors 10am Strong Seniors 11:15am NIA 1pm Tai Chi 2:30pm Yoga 4pm-6pm open gym	10am Zumba 12:30pm Strong Seniors 5pm NIA (\$10)	8:30am Strong Seniors 10am Strong Seniors 11am Let's Walk DVD 1pm Tai Chi 4pm-6pm open gym	10am Let's Walk DVD 12:30pm Strong Seniors 5pm NIA (\$10)	8:30am Strong Seniors 10am Strong Seniors 11am Let's Walk DVD	9:30am Bare Your Sole