




Wasilla Area Seniors, Inc.
 1301 South Century Circle
 Wasilla, Alaska 99654
 907-376-3104



2017 (Offices are closed on Saturdays)

OPEN
MONDAY thru **SATURDAY**
 8:00 am - 4:00pm
CLOSED on **HOLIDAYS**

We can't list everything here! Please visit our website for more: www.wasillaseniors.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 30	July 31	1	2	3	4	5
11:30 Non-Denominational Church Service	1 - 3 Crafters' Club	5:30 - 7 Weight Watchers 6:30 Lions Club	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	12:30 MASCOT Bus to Carrs 5-9 Gun Start training 1pm Chess Club	9:30 - 11 Weight Watchers 10 - 11 Blood Pressure & Glucose Check	8 - 9:30 Weight Watchers
6	7 Full Moon	8	9	10	11	12
11:30 Non-Denominational Church Service	1 - 3 Crafters' Club	11-3 Alaska Hearing 5:30 - 7 Weight Watchers	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	12:30 Living well with vision loss 12:30 MASCOT Bus to Fred Meyer 1pm Chess Club	9:30 Weight Watchers 10 - 11 Blood Pressure & Glucose Check 11:15 Birthday Celebration 1 - 2 Senior Food Box Distribution	8 - 9:30 Weight Watchers
13	14	15	16	17	18	19
11:30 Non-Denominational Church Service	1 - 3 Crafters' Club	1pm Memory café 5:30 - 7 Weight Watchers 6:30 Lions Club	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	9:30 Board Meeting 12:30 MASCOT Bus to Walmart 12:30 Better Breathers 1pm Chess Club	9:30 - 11 Weight Watchers 10 - 11 Blood Pressure & Glucose Check 1 - 2 Senior Food Box Distribution	8 - 9:30 Weight Watchers

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20	21	22	23	24	25	26
11:30 Non-Denominational Church Service	1 - 3 Crafters' Club	5:30 - 7 Weight Watchers	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	12:30 MASCOT Bus to Shoppers' Choice 10-3 Quilts of Valor 1pm Chess Club	9:30 - 11 Weight Watchers 10 - 11 Blood Pressure & Glucose Check	8 - 9:30 Weight Watchers
27	28	29	30	31	September 1	September 2
11:30 Non-Denominational Church Service	1 - 3 Crafters' Club	9:30 Estate Planning 5:30 - 7 Weight Watchers	10 - 11 Bible Study 12 - 1 Rotary 1 - 3  1 - 3 Art Group	12:30 MASCOT Bus to Shoppers' Choice 1pm Chess Club	9:30 - 11 Weight Watchers 10 - 11 Blood Pressure & Glucose Check	8 - 9:30 Weight Watchers

Club 50 Fitness Center and HPDP Classes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed on Sundays	8:30am Strong Seniors 10am Strong Seniors 11:15am NIA 1pm Tai Chi 2:30pm Yoga 4pm-6pm open gym	10am Zumba 12:30pm Strong Seniors 5pm NIA (\$10)	8:30am Strong Seniors 10am Strong Seniors 11am Let's Walk DVD 1pm Tai Chi 4pm-6pm open gym	10am Let's Walk DVD 12:30pm Strong Seniors 5pm NIA (\$10)	8:30am Strong Seniors 10am Strong Seniors 11am Let's Walk DVD	9:30am Bare Your Sole