







Wasilla Area Seniors, Inc.
 1301 South Century Circle
 Wasilla, Alaska 99654
 907-376-3104

MARCH 2018

OPEN
Monday thru Friday
8 am - 4 pm
Closed on Holidays

Please visit us on the web: www.wasillaseniors.com & Like Us on Facebook!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 25	February 26	February 27	February 28	1	2	3 Open 10—1
11:30 Non-Denominational Church Service	10-3:30 AARP Tax Assistance (call for appt)	5:30 - 7 Weight Watchers	10 - 11 Bible Study 1 - 3  1 - 3 Art Group	12:30 Valley Transit Bus to Carrs 1:00 Chess Club	9:30 Weight Watchers	8 - 9:30 Weight Watchers Senior Center Hours: 10 am—1 pm
4	5	6	7	8	9	10 Open 8—3
11:30 Non-Denominational Church Service	10-3:30 AARP Tax Assistance (call for appt)	5:30 - 7 Weight Watchers 6:30 Lions Club	10 - 11 Bible Study 1 - 3  1 - 3 Art Group	9:30 Estate Planning 101 12:30 Valley Transit Bus to Fred Meyer 12:30-2 Living Well with Vision Loss 1:00 Chess Club	9:30 Weight Watchers 11:15 Birthday Celebration 1 - 2 Senior Food Box Distribution	8-12 WASI-VRS Health Fair 8 - 9:30 Weight Watchers
11	12	13	14	15	16	17 closed
 11:30 Christian Church Service	10-3:30 AARP Tax Assistance (call for appt)	5:30 - 7 Weight Watchers	10 - 11 Bible Study 1 - 3  1 - 3 Art Group	9:30 WASI Board Meeting 12:30 Better Breathers 12:30 Valley Transit Bus to Walmart 1:00 Chess Club	9:30 - 11 Weight Watchers 1 - 2 Senior Food Box Distribution	8 - 9:30 Weight Watchers Senior Center Closed Club 50 open for classes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18	19	20	21	22	23	24 closed
11:30 Non-Denominational Church Service	10-3:30 AARP Tax Assistance (call for appt)	1-2:30 Memory Cafe 5:30 - 7 Weight Watchers 6:30 Lions Club	10 - 11 Bible Study 1 - 3  1 - 3 Art Group	12:30 Valley Transit Bus to Shoppers' Choice 10-3 Quilts of Valor 1pm Chess Club	9:30 Weight Watchers	8 - 9:30 Weight Watchers Senior Center Closed Club 50 open for classes
25	26 CLOSED	27	28	29	30	31 closed
11:30 Non-Denominational Church Service	 ALASKA Seward's Day	5:30 - 7 pm Weight Watchers	10 - 11 Bible Study 1 - 3  1 - 3 Art Group	12:30 Valley Transit Bus to Shoppers' Choice 1pm Chess Club	9:30 Weight Watchers	8 - 9:30 Weight Watchers Senior Center Closed Club 50 open for classes

Club 50 Fitness Center & Healthy Aging Classes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed on Sundays	8:30 Strong Seniors 10am Strong Seniors 11:15 NIA 52 Moves 1pm Beginning Tai Chi 2:30 Yoga	10:00 Zumba 11am Advanced Tai Chi 12:30 Strong Seniors 1:30-2"Laughing Bee" with Nancy Nephew 5pm NIA (\$10)	8:30 Strong Seniors 10am Strong Seniors 11am Let's Walk DVD 1pm Beginning Tai Chi	10am Let's Walk DVD 11:00 Advanced Tai Chi 12:30 Strong Seniors 1:30pm Step Boxing 5pm NIA (\$10)	8:30 Strong Seniors 10am Strong Seniors 11am Let's Walk DVD 1pm Yoga	9:30am Bare Your Sole