WASI
Continuing Care Community Feasibility Study Community Workshop

January 29, 2015
Purpose of Tonight’s Meeting

Discussion of senior service gaps in Mat-Su and potential solutions:

• Informs a Continuing Care Community Feasibility Study for the Wasilla Area Seniors Inc (WASI).

• Continues the community effort to plan for an aging population in the Mat-Su.
Agenda

• Introduction + Context
• Senior Services in the Mat-Su: What’s Missing
• Potential Solutions
• Next Steps
Feasibility Study: Research Questions

Should WASI develop a continuing care community on their campus?

- A continuing care community is a place where people can age in place and have access to necessary services and supports.

If so, what services should be considered?

What is the feasibility of adding these services?

- Financial
- Regulatory
- Organizational
WASI Service Options for Evaluation

WASI Current Services
• Senior housing (market rate and low income)
• Senior center
• Congregate and home delivered meals
• Fall prevention
• Fitness program

Potential Services
• Additional senior housing both onsite and offsite
• Personal care attendants/chore
• Adult day
• Assisted living
• Memory care assisted living
• Skilled nursing
Study Methodology

Research
- Demographic + Economic Data
- Key Informant Interviews
- Community Workshop
- Previous studies e.g. 2011 Mat-Su Regional Plan for Delivery of Senior Services

Analysis
- Demand
- Current supply + Gaps
- Regulatory + Organizational Feasibility
- Financial Feasibility

Findings
- WASI Continuing Care Community Feasibility Study
Study Timeline

- Fall 2014
  - Project Startup
  - Key Informant Interviews
  - Data Analysis

- January 2015
  - Community Meeting

- Winter 2015
  - Feasibility Analysis
  - Develop Recommendations

- Spring 2015
  - Report Complete
Key Informant Interviews

Policy/Leadership
- Alaska DHSS Health Care Services Office of Rate Review
- Alaska DHSS Senior and Disabilities Services Training
- Alaska DHSS Assisted Living Licensing
- Alaska Housing Finance Corporation
- Mat-Su Council on Aging

Services
- Palmer Pioneer Home
- Mat-Su Regional Home Health & Hospice
- Mat-Su Health Foundation
- Mat-Su Regional Medical
- Mat-Su Senior Services
- Providence Hospital
- Provider survey (40 providers)
CONTEXT
What is the Issue?

Today:
• 16,000 people 60 and older in Mat-Su Borough (16% of pop)

Future:
• In 10 years: 26,000 (20% of pop)
• In 20 years: 30,000 (20% of pop)

Farther in the Future:
• After 2042: senior population growth slows.

How does the Mat-Su plan for this significant but temporary demographic shift?

Source: State DOL&WD, April 2014
Population Growth Among Seniors

- **Population 65+**
  - State of Alaska
  - Anchorage Municipality
  - Matanuska-Susitna Borough

The graph shows the population growth among seniors from 1992 to 2042 for the State of Alaska, Anchorage Municipality, and Matanuska-Susitna Borough.
60+ as Share of Population projected to increase, then taper off

Source: State DOL&WD, April 2014
85+ Cohort
continues to grow beyond 2042: MSB

Source: State DOL&WD, April 2014
Net In-Migration to MSB is minimal among seniors

Average annual migration data from 2008 to 2013. Source: State DOL&WD, April 2014
Americans are Living Longer
as are Alaskans

U.S. Life expectancy is currently 78.9 years up from age 69.9 in 1960.
- Female life expectancy is 81.2
- Male life expectancy is 76.4

In Alaska, life expectancy has increased from 72.1 in 1980 to 78.1 currently

Source: World Bank, 2014 and Alaska DOLWD
Alzheimer’s Prevalence increases with age

Applying Statewide Alzheimer’s rates to population estimates and forecasts for MSB indicate:

- 1,148 seniors with Alzheimer’s today in MSB.
- 3,212 in MSB by 2032

Note: Estimates do not include the related dementia that is not considered Alzheimer's.
Older Americans have more chronic conditions

Prevalence of two or more of the nine chronic conditions have increased.

Chronic conditions include hypertension, heart disease, diabetes, cancer, stroke, chronic bronchitis, emphysema, current asthma, and kidney disease.

Source: CDC, National Health Interview Survey, July 2012
### Share of Senior Population by MSB community, 2014

<table>
<thead>
<tr>
<th>Community</th>
<th>60+</th>
<th>75+</th>
<th>85+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greater Palmer</td>
<td>28%</td>
<td>27%</td>
<td>32%</td>
</tr>
<tr>
<td>Greater Wasilla</td>
<td>49%</td>
<td>54%</td>
<td>47%</td>
</tr>
<tr>
<td>Big Lake / Houston</td>
<td>9%</td>
<td>6%</td>
<td>5%</td>
</tr>
<tr>
<td>Point MacKenzie</td>
<td>4%</td>
<td>2%</td>
<td>0%</td>
</tr>
<tr>
<td>Willow</td>
<td>3%</td>
<td>2%</td>
<td>0%</td>
</tr>
<tr>
<td>Rural</td>
<td>8%</td>
<td>9%</td>
<td>16%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>100%</td>
<td>100%</td>
<td>100%</td>
</tr>
</tbody>
</table>

Source: State DOL&WD, April 2014 + American Community Survey, 5-Year Survey, 2013
Map of Seniors by Age, 2014

Source: State DOL&WD, April 2014 + American Community Survey, 5-Year Survey, 2013
Map of Seniors by Age, 2032

Source: State DOL&WD, April 2014 + American Community Survey, 5-Year Survey, 2013
Median Household Income for 65+

- **MSB Anchorage Alaska United States**: $45,919
- **Anchorage**: $56,607
- **Alaska**: $49,637
- **United States**: $37,000

Source: American Community Survey, 2013 5-Year
Income Distribution
65+ Older Household

Source: American Community Survey, 2013 5-Year
Data Conclusions

• Senior population is growing but will slow after 2042.
• 85+ population continues to grow after 2042.
• Incomes among MSB seniors are mostly moderate.
• People are living longer; many are active.
• There will be more seniors with dementia and more chronic health conditions.
• Must plan for a mix of active seniors and people needing assistance with activities of daily living.
Please pull out your clicker and wait for instructions!
How to Use the Clickers

1. When submitting responses, please point your clicker at the laptop.
2. After entering your response, hit “Send.”
3. If the question asks for more than one response, hit send after each response.
4. Raise your hand if you have questions.

= slide has a question for the audience
Warm-up

What color socks are you wearing?

1. White
2. Brown
3. Black
4. Other color
5. A multi colored pattern
6. I’m not wearing socks
Sock Colors in the Room

- 33% White
- 0% Brown
- 50% Black
- 4% Other color
- 4% A multi colored pattern
- 8% I’m not wearing socks
Where we live

Where do you live?

1. Big Lake
2. Butte
3. Chickaloon
4. Knik-Fairview
5. Houston
6. Meadow Lakes
7. Palmer (includes Buffalo Soapstone/Farm Loop/Fishhook/Lazy Mountain/Sutton)
8. Point MacKenzie
9. Talkeetna or Trapper Creek
10. Wasilla (including Tanaina)
11. Willow
12. Other Rural MSB (Eureka Roadhouse, Glacier View, Lake Louise, Petersville, Skwentna, Susitna)
13. Anchorage or Eagle River
14. Other
## Where we live

<table>
<thead>
<tr>
<th>Number</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>Wasilla (including Tanaina)</td>
</tr>
<tr>
<td>1</td>
<td>Knik-Fairview</td>
</tr>
<tr>
<td>1</td>
<td>Big Lake</td>
</tr>
<tr>
<td>1</td>
<td>Palmer (includes Buffalo Soapstone/Farm Loop/Fishhook/Lazy Mountain/Sutton)</td>
</tr>
<tr>
<td>1</td>
<td>Willow</td>
</tr>
</tbody>
</table>
Length of time in the Mat-Su

How long have you lived in the Mat-Su?

1. Less than one year
2. One to five years
3. Six to ten years
4. Eleven to 20 years
5. More than 20 years
6. I do not live in the Mat-Su
Length of time in the Mat-Su

- Less than one year: 8%
- One to five years: 38%
- Six to ten years: 8%
- Eleven to 20 years: 4%
- More than 20 years: 42%
- I do not live in the Mat-Su: 0%
Gender

What is your gender?

1. Male
2. Female
Gender

Male: 29%
Female: 71%
Ages Here Today

Which age bracket are you in?

1. Under 18
2. 19 to 50
3. 51 to 59
4. 60 to 64
5. 65 to 70
6. 71 to 75
7. 76 to 80
8. 81 to 85
9. 85+
Ages Here Today

- Under 18: 0%
- 19 to 50: 0%
- 51 to 59: 8%
- 60 to 64: 8%
- 65 to 70: 17%
- 71 to 75: 25%
- 76 to 80: 8%
- 81 to 85: 17%
- 85+: 17%
Retirement Status

What is your retirement status?

1. I am retired with a PERS or TRS retirement.
2. I am retired but not through PERS or TRS.
3. I am not retired but plan to retire in 1 to 5 years.
4. I am not retired but plan to retire in 6 to 10 years.
5. I am not retired but plan to retire in 11 to 15 years.
6. I am not retired but plan to retire in 16 or more years.
Retirement Status

- 82% Retired with PERS or TRS retirement
- 9% Retired NOT PERS or TRS
- 5% Plan to retire in 1 to 5 years
- 5% Plan to retire in 6 to 10 years
- 5% Plan to retire in 11 to 15 years
- 0% Plan to retire in 16 or more years.

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Retired with PERS or TRS retirement | Retired NOT PERS or TRS | Plan to retire in 1 to 5 years | Plan to retire in 6 to 10 years | Plan to retire in 11 to 15 years | Plan to retire in 16 or more years.
Retirement Plans

When you retire, or if you are already retired, do you plan to:

1. Stay in my current Mat-Su community full time.
2. Move elsewhere in Mat-Su full time.
3. Stay in the Mat-Su as a seasonal resident.
4. Move to another place in Southcentral Alaska.
5. Move to another place in Alaska.
6. Move to another state in the U.S.
7. Move to another country.
8. I don’t live in the Mat-Su and plan to stay where I am.
9. I don’t know.
Retirement Plans

- 78% Stay in my current Mat-Su community full time.
- 4% Move elsewhere in Mat-Su full time.
- 17% Stay in the Mat-Su as a seasonal resident.
- 0% Move to another place in Southcentral Alaska.
- 0% Move to another place in Alaska.
- 0% Move to another state in the U.S.
- 0% Move to another country.
- 0% I don’t live in the Mat-Su and plan to stay where I am.
- 0% I don’t know.
Reasons we live in the Mat-Su

How important are the following to your decision to live in the Mat-Su as you age? Please choose three: select one choice (press send), select another choice (press send), select a third (press send).

1. Family nearby
2. Work
3. Lived here since childhood
4. I want to stay in my home
5. Available support services for seniors
6. Available medical services
7. Sense of community
8. Affordability
9. Cultural and recreation opportunities
10. Climate
11. Other, not listed
Why we live in the Mat-Su

12  Family nearby
10  Sense of community
 8  Available support services for seniors
 7  Available medical services
 6  Affordability
 5  Cultural and recreation opportunities
 5  I want to stay in my home
 3  Climate
 2  Work
 2  Other, not listed
WASI Membership

Select the statement that most closely reflects your affiliation with WASI.

1. Currently live at WASI (resident).
2. Do not live at WASI but participate in services here (member).
3. Live at WASI and receive services here (resident + member).
4. Would like to live at WASI or receive services here in the future (prospective resident or member).
5. Do not live at WASI and do not receive services here.
6. Have family who lives at WASI or participates in services.
7. Other
WASI Membership

9  Currently live at WASI (resident).
8  Do not live at WASI but participate in services here (member).
4  Live at WASI and receive services here (resident + member).
1  Have family who lives at WASI or participates in services.
1  Would like to live at WASI or receive services here in the future (prospective resident or member).
1  Do not live at WASI and do not receive services here.
Services Currently Used

Which of the following programs do you use or have you used? **Choose all that apply; press send after each choice.**

1. WASI meals program
2. WASI Club 50 fitness center
3. WASI social events/programs
4. WASI equipment assistance
5. WASI housing
6. None
Services currently used

18  WASI meals program
17  WASI social events/programs
12  WASI Club 50 fitness center
  9  WASI housing
  3  WASI equipment assistance
  2  None
CURRENT OPTIONS FOR SENIORS
What are the Options as You Age?

- Continue to live on your own
- Move into age restricted senior housing
- Move in with family
- Determine you need help with activities of daily living (dressing, bathing, chores, cooking, etc.)
  - Seek care in your home (family or paid)
  - Seek services in the community (meals, rides, adult day)
  - Seek care in assisted living
  - Seek care in skilled nursing
What does a sustainable system of long-term services and supports look like?

Goal is to move back to lowest level of care possible

Living independently

Level of care/need = LOW

Level of care/need = HIGH

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What are Community Based and In-Home Services?

- Care Coordination (41 providers)
- Personal Care Attendants (25 providers)

- Senior Centers: Mid-Valley, WASI, Upper Susitna, Palmer, Chickaloon Village
- Elder Outreach

- Senior Information and Referrals at Senior Centers,
  Benefits counseling, Aging and Disability Resource Center (Mat-Su Links)

- Meals on Wheels, Congregate meals at senior centers

- Mat-Su Senior Services Transportation, Redi Rides, Taxi Voucher Program, Valley Mover, MASCOT

- Mat-Su Regional Home Health & Hospice

- Adult Day: Mat-Su Senior Services (Palmer + Big Lake), Respect Your Elders, Hearts and Hands
What is Senior Housing?

• Communities where all, or most, of the residents have to be over 55 or 60 years old.

• Often provides activities and a sense of community.

• Can provide services like transportation, meals and housekeeping.

• Can include units restricted to seniors with lower incomes.

• Does not provide assistance with activities of daily living.
## Senior Housing in the Mat-Su

<table>
<thead>
<tr>
<th>Location</th>
<th>Units</th>
<th>Waitlist</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wasilla</td>
<td>296</td>
<td>315</td>
</tr>
<tr>
<td>Palmer</td>
<td>83</td>
<td>168</td>
</tr>
<tr>
<td>Houston</td>
<td>18</td>
<td>30</td>
</tr>
<tr>
<td>Talkeetna</td>
<td>6</td>
<td>0</td>
</tr>
<tr>
<td>Willow</td>
<td>12</td>
<td>0</td>
</tr>
<tr>
<td>Sutton</td>
<td>8</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>423</strong></td>
<td><strong>513</strong></td>
</tr>
</tbody>
</table>

*Chugach Estates, Palmer*

*Susitna Senior Village, Talkeetna*

*Susitna Place, Wasilla*
# Costs

for senior housing and community based services

<table>
<thead>
<tr>
<th>Location</th>
<th>Cost</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Housing</td>
<td>$700 to $2,800 per month</td>
<td>Depends on income level and services / amenities provided.</td>
</tr>
<tr>
<td>Personal Care Assistance / Chore Service</td>
<td>$10 to $25 per hour</td>
<td>Depends on provider</td>
</tr>
<tr>
<td>Adult Day</td>
<td>$160 per day</td>
<td>Medicaid rate</td>
</tr>
</tbody>
</table>
What is Assisted Living?

• Assisted Living is a residential setting for individuals with need for 24 hour supportive services.
  – Provides help with activities of daily living.
  – Provides food and other services.

• Nationally, fastest growing segment of long term care.
  – 25 percent of Medicare recipients in a long term care setting are living in assisted living. Up from 15 percent in 1992.²
  – Majority are female (70%)
  – Majority are older (75% over age 75)

• As of 2014, Alaska had 269 assisted living facilities for seniors with 2,394 beds.

## Assisted Living in the Mat-Su

<table>
<thead>
<tr>
<th>Location</th>
<th>Homes</th>
<th>Beds</th>
<th>Waitlist</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wasilla</td>
<td>14</td>
<td>130</td>
<td>28</td>
</tr>
<tr>
<td>Palmer</td>
<td>7</td>
<td>120</td>
<td>270*</td>
</tr>
<tr>
<td>Houston</td>
<td>1</td>
<td>5</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>22</strong></td>
<td><strong>255</strong></td>
<td><strong>298</strong></td>
</tr>
</tbody>
</table>

*Includes 121 on the active wait list for the Alaska Veterans and Pioneers Home in Palmer*

- Northern Comfort, Wasilla
- Primrose Retirement Community, Wasilla
- Colony Manor, Palmer
- Tranquility Manor Estates, Palmer
## Assisted Living Costs

<table>
<thead>
<tr>
<th>State</th>
<th>Monthly Median</th>
<th>Yearly Median</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alaska</td>
<td>$5,500</td>
<td>$66,000</td>
</tr>
<tr>
<td>Arizona</td>
<td>$3,150</td>
<td>$37,800</td>
</tr>
<tr>
<td>California</td>
<td>$3,750</td>
<td>$45,000</td>
</tr>
<tr>
<td>Colorado</td>
<td>$3,313</td>
<td>$39,750</td>
</tr>
<tr>
<td>Idaho</td>
<td>$3,275</td>
<td>$39,300</td>
</tr>
<tr>
<td>Oregon</td>
<td>$4,000</td>
<td>$48,000</td>
</tr>
<tr>
<td>Washington</td>
<td>$4,250</td>
<td>$51,000</td>
</tr>
</tbody>
</table>

Source: Genworth cost of care survey, 2014 for one bed, single occupancy
What is a Skilled Nursing Facility?

- Typically near by or associated with a hospital.
- Provides 24 hour medical care by nursing staff.
- Skilled nursing levels have decreased from 4.5% to 3.1% nationally.¹

Providence Extended Care, Anchorage
- 96 beds
- Long-term skilled nursing and rehabilitation

¹ US Census Borough, 65+ in the United States: 2010
Skilled Nursing Facility Cost

<table>
<thead>
<tr>
<th>Location</th>
<th>Monthly Median</th>
<th>Yearly Median</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alaska</td>
<td>$20,000</td>
<td>$240,000</td>
</tr>
<tr>
<td>Arizona</td>
<td>$7,080</td>
<td>$84,960</td>
</tr>
<tr>
<td>California</td>
<td>$8,666</td>
<td>$103,992</td>
</tr>
<tr>
<td>Colorado</td>
<td>$7,665</td>
<td>$91,980</td>
</tr>
<tr>
<td>Idaho</td>
<td>$7,094</td>
<td>$85,128</td>
</tr>
<tr>
<td>Oregon</td>
<td>$8,060</td>
<td>$96,720</td>
</tr>
<tr>
<td>Washington</td>
<td>$8,500</td>
<td>$102,000</td>
</tr>
</tbody>
</table>

*Source: Genworth Annual Care Costs in 2014, State median cost, private room*
Current Housing Situation

Which option below most closely reflects your current living situation? Please only answer if you are 60 or over.

1. I live in a single family home.
2. I live in an apartment or condominium.
3. I live in age restricted senior housing (not WASI).
4. I live on the WASI campus.
5. I live at the Palmer Pioneer Home.
6. I live at assisted living.
7. I have a different living situation than those listed above.
Current Housing Situation

- Single family home: 35%
- Apartment or condominium: 9%
- Age restricted senior housing (not WASI): 0%
- WASI campus: 57%
- Palmer Pioneer Home: 0%
- Other assisted living: 0%
- Other: 0%
Current Living Situation

Which option most closely reflects your living situation?
Please only answer if you are 60 or over.

1. I live alone.
2. I live with my spouse or partner.
3. I live with my adult children because I need assistance with bathing, cooking, or other activities of daily living.
4. I live with other family or friends because I need assistance with bathing, cooking, or other activities of daily living.
5. I live with family or friends because I enjoy the companionship.
6. I live with my family part-time.
7. I live with family or friends for other reasons not listed.
Current living situation

67%  I live alone.
30%  I live with my spouse or partner.
4%   I live with family or friends for other reasons not listed.
New Living Situation

Are you seeking a new living situation; if so, for what reason? Please only answer if you are 60 or over.

1. Yes, I need help with cooking, dressing, cleaning and other activities of daily living.
2. Yes, I would like to live in a smaller house or apartment.
3. Yes, I need to find a less expensive living arrangement.
4. Yes, I would like to move to be closer to services and activities.
5. Yes, I am looking for a new living situation for a different reason.
6. No, I am happy with my current living situation.
New Living Situation

- Yes, I need help with cooking, dressing, cleaning and other activities of daily living: 4%
- Yes, I would like to live in a smaller house or apartment: 8%
- Yes, I need to find a less expensive living arrangement: 4%
- Yes, I would like to move to be closer to services and activities: 0%
- Yes, I am looking for a new living situation for a different reason: 4%
- No, I am happy with my current living situation: 81%
Family Caregivers

Which statement below most closely captures your opinion about the role of family and friend caregivers?

1. My family and friends will be my main source of support as I age.
2. My family and friends can provide some services and supports but do not have the resources or time to do everything that could be required.
3. I don’t want to burden my family and friends with care and would rather hire caregivers.
4. I don’t have family or friends who can provide services and supports as I age.
Family Caregivers

37% My family and friends can provide some services and supports but do not have the resources or time to do everything that could be required.

27% I don’t have family or friends who can provide services and supports as I age.

23% My family and friends will be my main source of support as I age.

13% I don’t want to burden my family and friends with care and would rather hire caregivers.
Most Important Services/Supports

What do you think are the two (2) most important services and supports for older residents as they age? Pick two (2) and press send after each.

1. Age restricted senior housing
2. Housing closer to services + activities
3. Apartments or condominiums
4. Help with household chores
5. Services such as meals, rides, respite, etc.
6. Senior social, recreation opportunities and events
7. Mental health services for older residents, especially those with dementia
8. Information services
9. Assisted living
10. Skilled nursing
11. Adult Day
12. Other not listed
Most Important Services/Supports

10  Services such as meals, rides, respite, etc.
8   Senior social, recreation opportunities and events
6   Housing closer to services + activities
5   Help with household chores
5   Assisted living
5   Age restricted senior housing
2   Skilled nursing
2   Information services
2   Other not listed
1   Mental health services for older residents, especially those with dementia
Service Gaps in the MSB

Which two (2) services/supports do you think are the biggest gaps in the MSB? Pick two (2) and press send after each.

1. Age restricted senior housing
2. Housing closer to services + activities
3. Apartments or condominiums
4. Help with household chores
5. Services such as meals, rides, respite, etc.
6. Senior social, recreation opportunities and events
7. Mental health services for older residents, especially those with dementia
8. Information services
9. Assisted living
10. Skilled nursing
11. Adult Day
12. Other not listed
Service Gaps in the MSB

- Services such as meals, rides, respite, etc. (7)
- Age restricted senior housing (6)
- Housing closer to services + activities (5)
- Skilled nursing (4)
- Assisted living (4)
- Apartments or condominiums (3)
- Mental health services for older residents, especially those with dementia (3)
- Help with household chores (2)
- Senior social, recreation opportunities and events (2)
- Other not listed (2)
- Information services (2)
POTENTIAL SOLUTIONS
Small Group Break Out Session
20 minutes, then report back

• What are the biggest gaps that you see in the continuum of care for seniors in the Mat-Su?

• What potential solutions should be considered?

• How can WASI be part of the solution? What services should they provide on campus? What services should they provide off campus?
  – Please identify the top 3 services that WASI should provide on the campus on the map.
How Long Term Care is Paid For

Common Sources:
- Medicaid
- Medicare
- Family Caregivers
- Private Pay
- Long Term Care Insurance

Source: Health Policy Institute, Georgetown University, 2011.
# MSB Possible Payer Mix in MSB Based on Income Levels

| Medicaid PCA | 65+ Households under $15,000 in income | % of 65+ Households in MSB: 
|-------------|----------------------------------------|---------------------------------------------|
| General Relief, Medicaid Waiver, Medicaid Skilled Nursing | 65+ Households under $25,000 in income | PCA 10%  
| Gap Seniors | 65+ Households between $25,001 and $59,999 in income | Gap Seniors, 35%  
| Possible Private Pay | 65+ Households $60,000 in income and Over | Possible Private Pay, 38%  

- General Relief, ALI Waiver + Skilled Nursing, 27%
Assisted Living Choice

In Mat-Su, the average cost of assisted living is at least $5,000/month. Knowing these current costs, if you needed assisted living outside of your own home would you:

1. Stay in Mat-Su
2. Need to move elsewhere
Assisted Living Choice

- Stay in Mat-Su: 33%
- Need to move elsewhere: 67%
Willingness to Pay for Assisted Living (per month)

What is the most you would be willing and able to pay for assisted living per month?

1. Less than $1,000
2. Between $1,000 and $2,999
3. Between $3,000 and $4,999
4. Between $5,000 and $6,000
5. More than $6,000
Willingness to Pay for Assisted Living (per month)

- Less than $1,000: 59%
- Between $1,000 and $2,999: 26%
- Between $3,000 and $4,999: 11%
- Between $5,000 and $6,000: 4%
- More than $6,000: 0%
Willingness to Pay for Senior Housing (per month)

What is the most you would be willing and able to pay for senior housing in the Mat-Su? Assume the rent is for a 1 bedroom and includes one meal a day, transportation 5 times a week, all utilities (including cable and internet), and resident activities.

1. Less than $1,000 per month
2. Between $1,000 and $1,999 per month
3. Between $2,000 and $2,999 per month
4. More than $3,000 per month
Willingness to Pay for Senior Housing (per month)

- Less than $1,000 per month: 79%
- Between $1,000 and $1,999 per month: 21%
- Between $2,000 and $2,999 per month: 0%
- More than $3,000 per month: 0%
On-Campus Services

If the following services were readily available, which three (3) of the following would be most important to be available at WASI (on-campus)? Please only answer if you are a current or prospective WASI resident/member.

1. Additional senior housing
2. Personal care assistance
3. Chore services
4. Assisted living
5. Memory Care Assisted living
6. Adult Day
7. Skilled nursing
8. Service other than those listed
On Campus Services

15  Additional senior housing
14  Chore services
10  Personal care assistance
  8  Assisted living
  7  Skilled nursing
  4  Service other than those listed
  3  Adult Day
  1  Memory Care Assisted living
Nearby Services

If the following services were readily available, which three (3) of the following would be most important to be available nearby (within 10 miles of the WASI campus)? Please only answer if you are a current or prospective WASI resident/member.

1. Additional senior housing
2. Personal care assistance
3. Chore services
4. Assisted living
5. Memory Care Assisted living
6. Adult Day
7. Skilled nursing
8. Service other than those listed
Nearby Services

11  Additional senior housing
10  Assisted living
10  Chore services
10  Skilled nursing
 7  Personal care assistance
 4  Adult Day
 2  Service other than those listed
 1  Memory Care Assisted living
Income

In which of the broad categories does your total household income fall? All answers will be confidential.

1. $0 to $19,999
2. $20,000 to $39,999
3. $40,000 to $59,999
4. $60,000 to $79,999
5. $80,000 to $99,999
6. $100,000 to $149,999
7. $150,000 or more
NEXT STEPS
Thank you for coming!

If you have questions after this event, please contact Chuck at (907) 376-3104.

www.wasillaseniors.com

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