

FEBRUARY 2012 LUNCH MENU

Wasilla Area Seniors, Inc.

Monday

Tuesday

Wednesday

Thursday

Friday

FRESH SALAD BAR AVAILABLE DAILY

MILK IS AVAILABLE DAILY

VEGETABLES & SOUP ACCOMPANY ALL MEALS

SUBSTITUTION(S) MAY BE MADE BASED UPON PRODUCT AVAILABILITY!!!!

		1	2	3
		B.B.Q. RIBETTES BAKED BEANS COLESLAW	DELI TURKEY SANDS POTATO SALAD CHIPS	STUFFED MANICOTTI GARLIC BREAD CLAM CHOWDER
6	7	8	9	10
FRIED CHICKEN MASHED POTATOES GRAVY	TACOS REFRY BEANS FIESTA RICE	BEEF STROGANOFF BUTTERED NOODLES	PORK CHOPS STUFFING GRAVY	OVEN BAKED FISH RICE PILAF CLAM CHOWDER
13	14	15	16	17
LIVER & ONIONS MASHED POTATOES GRAVY	ENCHILADAS BLACK BEANS HAPPY VALENTINES DAY	CHICKEN DIJON PASTA	SWEDISH MEATBALLS STEAMED RICE	LASAGNA GARLIC BREAD CLAM CHOWDER
20	21	22	23	24
SPAGHETTI MEAT SAUCE GARLIC BREAD	TACOS REFRY BEANS FIESTA RICE	FRENCH TOAST SCRAMBLED EGGS SAUSAGE LINKS FRUIT CUPS	CHEESE BURGERS FRENCH FRIES	PIZZA CHICKEN CAESAR SALAD CLAM CHOWDER
27	28	29		
POT ROAST POTATOES & CARROTS	KEILBASA POTATOES & CABBAGE	TURKEY SWEET POTATOES GRAVY	STUFFED BELL PEPPERS HERBED PASTA	MEAT LOAF MASHED POTATOES GRAVY CLAM CHOWDER